

FitSteps for Life® Referral

Phone – 877-961-0149

Fax – 903-561-7975

Patient Name: _____ Date: _____

DOB: _____ Gender: _____

Phone Number: _____ Alternate Number: _____

Address: _____ City: _____ State: _____ Zip: _____

Diagnosis: _____

Stage: I II III IV Primary Language: English Spanish Other _____

Restrictions: _____

Referring Physician (printed): _____

Physician Signature: _____

Please fax the referral form to the number listed above. Once the referral is received, the patient will be contacted to schedule an initial appointment at one of the following FitSteps for Life exercise centers:

Abilene	Phone (325) 665-9244	Str3ngth Fitness
Arlington	Phone (817) 272-3288	University of Texas Arlington
Greenville	Phone (903) 408-1886	HMRC Rehab & Fitness Center
Mount Pleasant	Phone (903) 434-8000	Titus Regional Medical Center
Waco	Phone (254) 202-3800	Getterman Wellness Center

Dallas Metroplex Office	Phone (972) 664-0523
Dallas	Baylor Sammons Cancer Center
Duncanville	Baylor Scott & White Cancer Center
Garland	First Baptist Church
Plano	Baylor Scott & White Medical Center

East Texas Office	Phone (903) 561-0149
Bullard	Bullard Southern Baptist Church
Jacksonville	First Baptist Church
Lindale	Christus TMF Health and Fitness
Tyler	First Baptist Church
Tyler	First Christian Church
Tyler	University of Texas at Tyler

Visit www.fitstepsforlife.org for more information.