

# FitSteps for Life® Referral

Phone – 877-961-0149

Fax – 903-561-7975

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternate Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Stage:  I  II  III  IV

Restrictions: \_\_\_\_\_

Referring Physician (printed): \_\_\_\_\_

## Physician Signature: \_\_\_\_\_

Please fax the referral form to the number listed above. Once the referral is received, the patient will be contacted to schedule an initial appointment at one of the following FitSteps for Life exercise centers:

<b>Abilene</b>	<b>Phone (325) 665-9244</b>	Str3ngth Fitness
<b>Arlington</b>	<b>Phone (817) 272-3288</b>	University of Texas Arlington
<b>Greenville</b>	<b>Phone (903) 408-1886</b>	HMRC Rehab & Fitness Center
<b>Mount Pleasant</b>	<b>Phone (903) 434-8000</b>	Titus Regional Medical Center
<b>Waco</b>	<b>Phone (254) 202-3800</b>	Getterman Wellness Center

<b>Dallas Metroplex Office</b>	<b>Phone (972) 664-0523</b>
Dallas	Baylor Sammons Cancer Center
Duncanville	Baylor Scott & White Cancer Center
Garland	First Baptist Church
Plano	Baylor Scott & White Medical Center

<b>East Texas Office</b>	<b>Phone (903) 561-0149</b>
Bullard	Bullard Southern Baptist Church
Jacksonville	First Baptist Church
Lindale	Christus TMF Health and Fitness
Tyler	First Baptist Church
Tyler	First Christian Church
Tyler	University of Texas at Tyler

Visit [www.fitstepsforlife.org](http://www.fitstepsforlife.org) for more information.