



# Donation Form

## **About FitSteps for Life**

Our Mission: to enhance the quality of life and survival for individuals facing cancer and other serious health conditions through medical exercise.

Our FitSteps for Life exercise therapy centers are a safe and inspiring environment for patients to exercise and engage with other individuals who share similar diagnoses and health goals. We offer a variety of services to meet the needs of each patient.

All services are provided at no cost to the patient. These services include:

- Exercise prescriptions
- Fitness assessments
- Individual therapy sessions
- Group exercise classes
- Virtual programming
- Goal setting
- Nutritional guidance
- Health and wellness education
- Caregiver support and training

## **Donation Information**

Name \_\_\_\_\_

Address \_\_\_\_\_ County \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Check Enclosed (Please make payable to FITSTEPS FOR LIFE)

Charge My:     MasterCard     Visa     Discover     American Express

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Given:     In Memory Of     In Honor Of \_\_\_\_\_

Send notification to: \_\_\_\_\_

**Please send this form to: FitSteps for Life, P.O. Box 8257, Tyler, Texas 75711**

Your gift is a tax deductible donation. FITSTEPS FOR LIFE is a program of CANCER FOUNDATION FOR LIFE a 501(c)(3) organization. You may also visit [fitstepsforlife.org](http://fitstepsforlife.org) to find out more about other gift opportunities.